

Clinical Qigong

The first 2 days of this workshop are for beginner to advanced and will delve into the Stillness-Movement & Gift of the Tao qigong forms. The 3rd day is for clinical applications where we will practice clinical/medical qigong and Chinese Taoist Healing Arts. The beginning weekend student will leave knowing the complete Stillness-Movement Qigong form as well as many movements. The advanced and 3rd day students will learn therapy methods of Chinese Taoist Medicine (neuro-energetic acupuncture) and Clinical Qigong. The 3rd day student will also leave knowing Chinese Hospital & Clinic based treatment methods for alleviating many of the complaints of western society. All students will also learn methods to help insure against "therapists burnout". All students will learn to keep their own bodies healthy and their energy strong.

We will do tree qigong, spiral qigong, sleeping qigong, walking qigong and learn advanced Taoist & Buddhist methods to improve your qigong level. Come join us! This workshop

will be highly energetic and is for the beginning to advanced practitioner to improve their health & awareness. If you are an advanced student we will work with you so please attend.



Students Learn Tree Qigong



Michael teaches Chinese Clinical Qigong & Taoist Medicine to advanced students in Boulder Colorado.



Michael Lomax projects Qi to brain tumor patient at the Baoding Qigong Healing Hospital in Hebei Province, China. Instructing Michael is Teacher Wang Juemin & Doctor Yao Weina

Workshop fee is \$275. The 3rd day is \$100 extra. Contact Michael @ 417-274-0392. Contact us soon as there are a limited number of positions available. Please register in advance by May 1st.

[Register Online](http://www.qigongamerica.com) at www.qigongamerica.com

Workshop location: call for location and motel info

www.qigongamerica.com

www.stillnessmovement.com

Institute of Chinese Energy Healing
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Qigong, Clinical Qigong & Taoist Healing Arts Future's Medicine

Terre Haute, Indiana
Saturday & Sunday
May 22nd, 23rd
3rd Day Advanced May 24th
2010

"The qigong Michael Lomax teaches is hard to describe in words. It works beyond this level and can only be experienced. The forms are simple, but infused with a quality of energy that I have found to raise and strengthen my practice. Michael works on higher levels and offers these levels to students that are ready and willing. I am honored and grateful to have the opportunity to study with him."

Kathleen Dubay

Qigong Teacher & Clinical Practitioner, Boulder, Colorado

"There is a lot of misinformation out there but this is pure gold!" Ken Delves

Author of *Chinese Internal Martial Arts Theory & Practice*

About Your Teacher

Teacher Michael Lomax has over 25 years of experience with Chinese Medical Therapeutics specializing in the elimination of pain syndromes and is author of the book ***A Light Warrior's Guide to High Level Energy Healing: Medical Qigong & A Shaman's Healing Vision*** ISBN 0-9674742-5-6. Michael teaches Medical Qigong and Asian Bodywork Therapy workshops throughout the USA. He has presented several times at the National Qigong Association (NQA) conventions and helped implement the NQA's certification standards for clinical qigong. Michael is National Board Certified in Asian Bodywork Therapy by the National Commission for Certification of Acupuncture and Oriental Medicine (NCCAOM) and is Nationally Certified in Therapeutic Massage & Bodywork. **He also is certified in Medical Qigong through the Boading Qigong Healing Hospital, Hubei Province, China and studied advanced Medical Qigong direct with Chinese National Treasure, Teacher Wang Juemin. In addition to his Medical Qigong studies Michael studied Traditional Chinese Medicine and acupuncture in China with Dr Liu Chun Shen.** Michael owned and operated the Institute of Chinese Energy Healing Pain Therapy Clinic for over 25 years and has recently moved his clinic and Institute to West Plains, Missouri. Michael is a Licensed Massage Therapist in both Kentucky and Missouri. His video *Gift of the Tao Qigong Movement: Vibratory Acts of Power* is available and he is currently writing a new book due in 2010 and 2 new DVD's due in late 2009.



Scientific Studies Verify Qigong's Effectiveness

By Michael Lomax, Dipl. ABT (NCCAOM)

Millions of dollars have been spent in the hospitals of China to verify the science of Qigong. There are currently more than 1200 scientific abstracts translated to English. Astounding facts concerning the effectiveness of Qigong have been made available to the public.

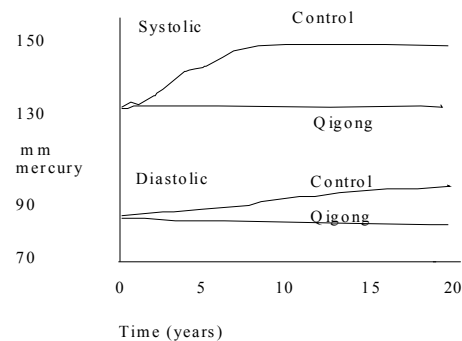
Many studies have been done to verify Qigong's positive effect on pain syndromes.

Other studies show why Qigong should be combined with western therapies such as chemotherapy and radiation treatment for cancer patients. Qigong practice appears to significantly offset the negative effects of these treatments. In fact, more than 60 studies have been done on cancer and positive effects of Qigong. One study of 127 patients, all diagnosed with malignant cancer, demonstrated remarkable improvement in strength, appetite, weight gain, and freedom from diarrhea of the Qigong group vs. the control group.

Another study of 18 males showed increased bone density after one year of Qigong practice

Several studies demonstrate the effectiveness of Qigong on hypertension and other cardiovascular diseases. Results of one of these studies of the effects of Qigong on hypertension is outlined below.

- 1. 242 hypertensive patients, all taking western drugs and Chinese herbs to control their blood pressure.**
- 2. 20 year study, Qigong group consisted of 122 while control group consisted of 120 patients.**



Study of 242 Hypertensive patients, control vs Qigong

Conclusions of study:

- 1. Over time, the Qigong group were given increasingly smaller doses of drugs.**
- 2. After 5-10 years, one third of the Qigong group were totally independent of drugs!**
- 3. The control group were given increasingly higher doses of drugs to maintain their blood pressure.**

The most amazing thing about this particular study is that a 30 year follow up revealed:

Almost twice as many people in the control group died (40.8% vs. 25.41%).

Incidence of stroke and stroke mortality was nearly twice as high (40.7% vs. 20.5% and 15.5% vs. 32.5%) in control group.

References

- Sancier, Kenneth M., Ph. D, "Medical Applications of Qigong," *Alternative Therapies* January 1996
- Qigong Database, Qigong Institute, East West Academy of Healing Arts, San Francisco, CA

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